

Packing list (Revised)

Pack Light Please!

Limit: 1 duffle type bag & 1 small backpack type carry-on

Pack for 6 days/5 nights

- Signed Student Medical Form and Activity form
- Signed FROG Release form
- Active clothing
- Gym shoes and clothes
- Work clothes for each day & work gloves
- Underwear/socks
- Swimsuit (1 piece or modest tankini)
- Beach towel
- Shower stuff
- Bathroom stuff (toothbrush, deodorant, etc.)
- Sleeping bag and pillow
- Flashlight
- Bible, journal, and pen
- \$20-\$50 cash for ride up and any souvenirs
 - Shower towels will be provided by Miracle Camp

Things not to bring...

- Cell Phones
- iPods
- MP3/music players
- Video games
- Expensive Jewelry
- Matches/Lighters
- Tobacco/Alcohol/Drugs etc.
- Bad magazines/bad books
- Weapons/pocket knives
- Bad attitude

In Case of Emergency:

Larry's Cell: 537-FROG

Camp Office: 1-800-354-9609, 269-624-6161

Church Office: 527-9661

Address: Miracle Camp 25281 80th. Ave. Lawton, MI 49065

TRIP UPDATES: 537-FROG (Call for a periodic trip status report)