



Clueless & Alone

By Bekah Kennedy

I love to watch movies. I'm the kind of person that will watch the same movie more than once in the same weekend. When I was in high school a great movie was released. Well, I thought it was great. Can you guess what it was? Clueless! I found myself relating to a lot of things in the movie. No, I didn't fail my driving test, but like the main character, Cher, at times I felt like I had nobody. In my favorite scene Cher is walking through town, feeling sorry for herself, but the best part is the song that's playing in the background, "All By Myself" by Eric Carmen.

So why did I feel alone? You may not know this about me, but I was born and raised in Florida. Before the start of my junior year my mom and dad both took jobs in Ohio. Talk about major change. I went from being in classes with kids that I had been in school with since the 4th grade to knowing absolutely no one. I went from having volleyball practice at the beach to snowy winters and a school where if you weren't in the band, you weren't "in." Instead of opening myself up to making new friends I decided that I would take the quiet route and keep to myself.

Ultimately this led to feelings of depression and self-pity. The lesson that I learned from that experience unfortunately took a long time to sink in. When I had enough wisdom to look back at my situation what I took away is that I am never alone. There is somebody that loves me no matter what, helps me whenever I need and never leaves my side. God. I know now that when I feel sad or all alone I can turn to Him in prayer and that He alone has the power to restore the joy in my life. He tells me through His word about His love for me.

Some passages of scripture that I have underlined, highlighted or notes by that I turn to when I feel a bit of lonely feelings coming on are:

- "Be strong and courageous! Do not be afraid of them! The Lord your God will go ahead of you. He will neither fail you nor forsake you. Do not be afraid or discouraged, for the Lord is the one who goes before you. He will be with you; he will neither fail you nor forsake you." Deuteronomy 31:6 & 8
- Psalm 139 is an awesome chapter with the theme being that God is all-seeing, all-knowing, all-powerful, and everywhere present. God knows us, God is with us, and his greatest gift is to allow us to know him.
- I especially find hope in Psalm 139:7-10 "I can never escape from your spirit! I can never get away from your presence! If I go up to heaven, you are there; if I go down to the place of the dead, you are there. If I ride the wings of the morning, if I dwell by the farthest oceans, even there your hand will guide me, and your strength will support me."