

# **ALIVE PACKING LIST:**

4 Days 3 Nights

- Pillow
- Sleeping Bag
- Toiletries
- Deodorant
- Bug Spray
- Sunscreen
- Bathing Suit (*Girls: 1 piece or modest tankini*)
- Walking shoes
- Water Shoes/flip flops
- 1 Sweat shirt or long sleeved shirt
- Optional: Spending Money, Camera, Sunglasses, & Flashlight
- Clothes for 4 days
- Underwear
- PJ's
- Bible
- 1 Beach Towel
- 1 Bath Towel

## **Do NOT Bring:**

- CD/MP3 Players/Radios
- Cell Phones
- Video Games
- Valuables
- Drugs, Alcohol
- Tobacco Products/Lighters
- Pocket Knives
- Fireworks



## **PLEASE: PACK LIGHT!!**

Limit your packing to:

1. ONE duffel bag or medium suitcase
2. ONE small carry-on or backpack